

# How to make your own ENERGY SAVINGS CHECKLIST



## Your Savings Checklist

Here's a quick checklist to remind you of some tips that will help you and your family save lots of energy! You can even make copies if you want!

Task	Done
Read the "Super Duper Energy Saving Handbook."	✓
Turn off the lights when you leave a room.	
When the heating or air conditioning is on, keep doors and windows closed.	
Open the refrigerator and oven as little as possible.	
Unplug electronic appliances and chargers when you're not using them.	
Take short showers instead of baths.	
Turn faucets completely off.	
Cut down on trips to the freezer or 'fridge; opening and closing doors wastes energy.	
Raise the temperature setting by a few degrees when the air conditioner is on.	
Lower the temperature setting by a few degrees when the heat is on; lower it even more when sleeping.	
Do your homework! (I thought I would work that in..ha!)	

## LIGHT Reading

If every home in America replaced just one incandescent light bulb with an Energy Star® certified CFL, in one year it would save enough to light more than 3 million homes and prevent greenhouse gas emissions equivalent to those of more than 800,000 cars.

Source: [www.EnergyStar.gov](http://www.EnergyStar.gov)